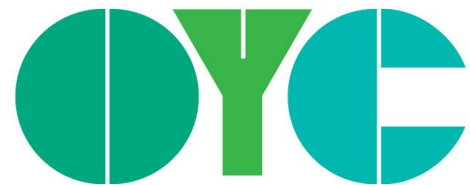


# Engaging Youth In Career Exploration and Motivating Change



L.A. OPPORTUNITY  
YOUTH COLLABORATIVE



# Trivia Questions

**1. About how many jobs will the average person have in their lifetime?**

a) 5 to 7

b) 9 to 11

c) 12 to 15

d) 20 to 25

**2. How many career changes will the average American have in their lifetime?**

a) 6 - 10

b) 1 - 2

c) 3 - 7

d) 12 - 15

**3. What percentage of Americans report being satisfied with their jobs?**

a) 30%

b) 51%

c) 13%

d) 65%



“Research shows that the ability to dream and imagine is an important factor to foster hopefulness...Daily survival and ongoing crisis management in young people’s lives make it difficult to see beyond the present. **The greatest casualty of trauma is not only depression and emotional scars, but also the loss of the ability to dream and imagine another way of living.**”

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# Early Work Experience Really Makes a Difference!



*National studies reveal that by age 24, the only former foster youth who are consistently employed and earning wages near the national average are those who **had a job while in the foster care system.***



# Post-Secondary Education is the New Gateway into the Workforce

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The labor market is increasingly demanding a more skilled workforce

In the 1970's

**28%**

of jobs required more than a high school education.

In 1992

**56%**

of jobs required more training.

By 2020

**65%**

of job openings in the U.S. will require some postsecondary education.

# Resources On Career Exploration and Planning

Reflection and  
Exploration

Reality  
Testing

Planning

Networking  
and Peer  
Connections



# Reflection and Exploration

[www.onetonline.org](http://www.onetonline.org)

explore specific careers & learn about the employment outlook, industry, wages, etc.

<https://study.com/directory/category/index.html>

explore educational options for specific careers

[www.cacareerzone.org](http://www.cacareerzone.org)

explore specific careers & learn about the employment outlook, industry, wages, etc.

[www.cccmypath.org](http://www.cccmypath.org)

allows users to take a career assessment, explore careers, & find California Community College programs

[www.mynextmove.org](http://www.mynextmove.org)

is an interactive tool for job seekers & students to learn more about their career options, including growing jobs

[www.myplan.org](http://www.myplan.org)

the Values Test can help you learn more about your underlying work needs and motivations & can help you decide what is important to you in a job.

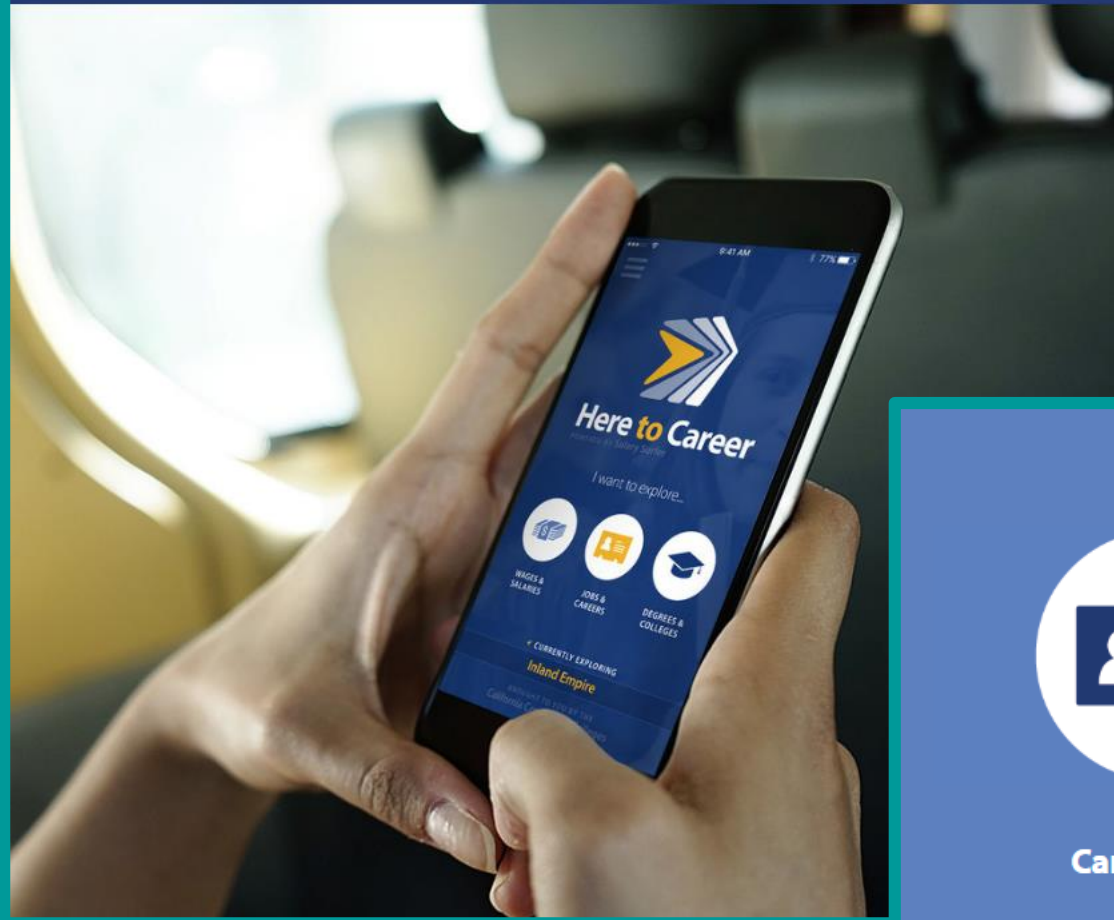




# What's your plan?







### HERE TO CAREER HAS THREE FEATURES THAT MAKE IT UNIQUE:



#### Career Quiz

An easy-to-use quiz that gathers individualized information and provides students with accurate career interest matches.



#### View Salaries

Students can view salaries for various high-demand occupations in their region, as well as how those salaries change with a college education.



#### Geolocation

Helps students identify nearby community colleges and explore degree programs in their area that fit their interests and goals.



### Film and Entertainment Careers: Lighting Designer; Sound Editor

The entertainment industry, more specifically the film industry, is primarily tasked with the production and distribution of motion pictures and TV shows. This includes cinematography, animation, sound editing, writing, post-production and many others.



### Education Careers: Orientation & Mobility Instructor; STEM Teacher

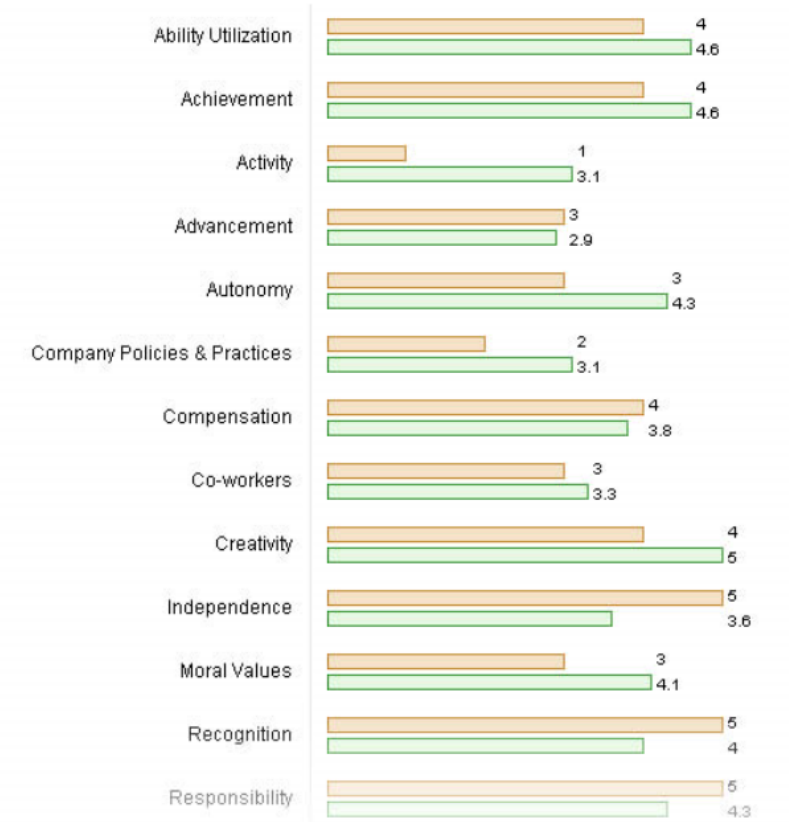
The education field consists of public and private schools, ranging from from pre-school to high school, college and vocational education.

### Supplemental Information

Career Comparison: Work Needs and Motivations

Below you will find a comparison of work needs and motivations on a scale from 1 to 5.

■ You ■ Fashion Designers



## Welcome to the Work Importance Profiler



What's important to you in a job?  
Discover how much you value

### Select an option below to begin:

Start a new Work Importance Profiler:

Resume Work Importance Profiler:

View Results:

Have you taken the Work Importance Profiler in the past? If you know your score from one of the 24 categories you can enter them directly to see what

# Reality Testing



**When engaging in Career Exploration, youth must consider the following:**

- ✓ Median earnings vs. cost of living and lifestyle needs
- ✓ Education requirements and costs
- ✓ Projected industry growth
- ✓ Interests, personality and work environment
- ✓ By 2020 67% of jobs in California will require some level of postsecondary education



Learn what the cost of living is in your community & what you need to earn using the ***Living Wage Calculator***: [livingwage.mit.edu](https://livingwage.mit.edu)

Customize your lifestyle to determine how much you will need to earn based on your preferences: <https://www.cacareerzone.org/budget/>



Explore the real earnings of California Community College graduates, by program type, using *Salary Surfer*: [salarysurfer.cccco.edu](https://salarysurfer.cccco.edu)





## Make Money Choices

Forming a budget is one of the most important parts of financial success. As you first enter the workforce, or even if you switch jobs, knowing how much money you will have available to spend on different aspects of your life will help you avoid debt and possibly even save some money for a rainy day.

### To get started, select an option below



#### Choose Your Lifestyle

When you select this option, you will be asked a series of questions to help you determine the lifestyle you want to lead and how much it will cost you. When you are finished you can look at occupations that might support that lifestyle.

**Budget how much money you'll need**



#### Pick Your Salary

If you think you know how much money you are going to make, you can work backwards to see if that salary will support the lifestyle you want to lead. If it does not, you can search for alternative occupations that might.

**Budget from a starting salary**

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**Navigating  
Reality  
Testing  
Conversations**

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# Planning for Careers

- Should include short and long term goals
- Goals should relate not only to education and employment but also...
- Barriers to obtaining and sustaining employment (transportation, childcare, drug issues, etc.)
- Discussion about what will motivate youth to keep going.
- Identifying supports at each stage



## My Action Plan

*Where do I want to go?*



\_\_\_\_\_

*What's my motivation?*

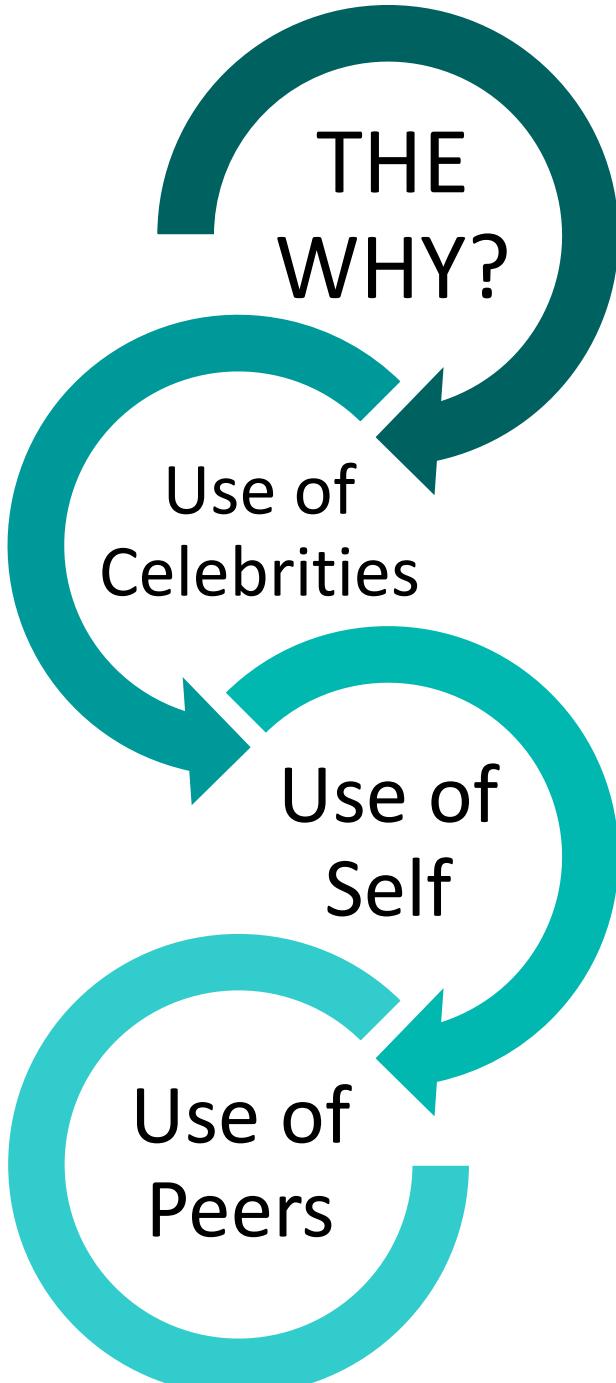


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	SCHOOL GOALS	WORK GOALS	BARRIERS TO BE ADRESSED	PEOPLE WHO CAN HELP ME	TIMELINE
First Step					
Next Step					
Next Step					
Next Step					



# What Will Engage You?



Networking skills must be taught explicitly:

- What does it look like?
- How is it done? Get an elevator speech!
- Practicing and role playing
- Linked In

# Networking & Peer Connections



Remember to:

- Normalize the fact that youth may not have a large network at this stage
- Remind youth to network with people outside their age group and recognize the adults they have in their network



Helping to lift someone to higher ground

Learning about a job opening



Receiving a college or work reference letter

Reviewing a resume



## Circle of Support



# How to Create Purpose



**“Nudges”**



**What Are  
They?**



**How Can You  
Nudge?**



# Questions?

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Ena Volic, M.Ed.

Consultant | [ena@tayatwork.org](mailto:ena@tayatwork.org)

Joshua Garza

Opportunity Youth Collaborative at The Alliance for Children's Rights |  
[J.Garza@kids-alliance.org](mailto:J.Garza@kids-alliance.org)

