

Coaching to Bridge Experience Gaps: Applying the Fostering Success Coach Model in Various Education Settings

Blueprint Conference
October 2019



Agenda

- Why Coaching?
- The FS Coaching Approach
- Panel: Coaching in Applied Contexts
- Small group de-brief: Key Takeaways



Exposure Gaps

- Adolescent brains are primed for learning through developmentally appropriate experiences
 - Exploration
 - Pro-social risk taking



Exposure Gaps

- The experience of foster care does not always provide this environment.
- Missed experiences result in missed opportunities to acquire knowledge and skill.



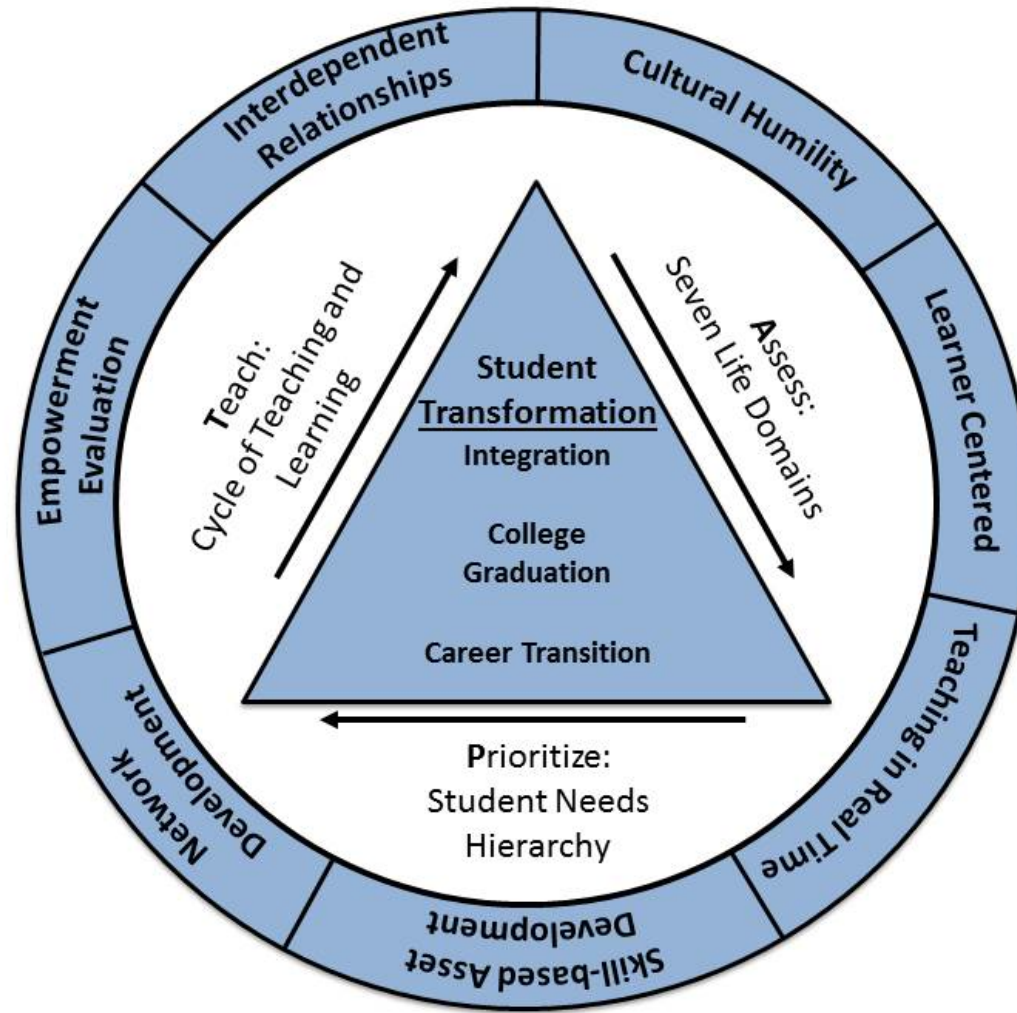
Why Coaching?

- Focus on both relationship and growth through skill and goal attainment
- In context of current moment
- Relational

Differs from...

- Therapy, case management, advising

Fostering Success Coach Model Framework



Fostering Success Coach Model Framework: Core Principles

Relationship Drivers

- Cultural Humility
- Interdependence
- Network
Development

Skill and Goal

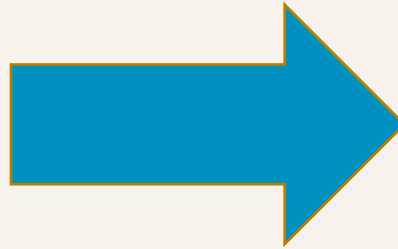
Development Drivers

- Skill-based Asset
Development
- Teaching in Real-time
- Learner Centered
- Empowerment
Evaluation

Fostering Success Coach Model Framework: Core Principles

Relationship Drivers

- Cultural Humility
- Interdependence
- Network Development



Practices

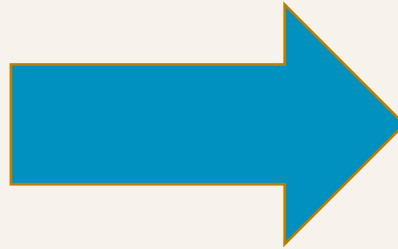
- Student-coach Partnership
- High Student autonomy
- Low coach authority
- Relational v. transactional

Fostering Success Coach Model Framework: Core Principles

Goal/Skill

Drivers

- Skill-based Asset Development
- Teaching in Real-time
- Learner Centered
- Empowerment Evaluation

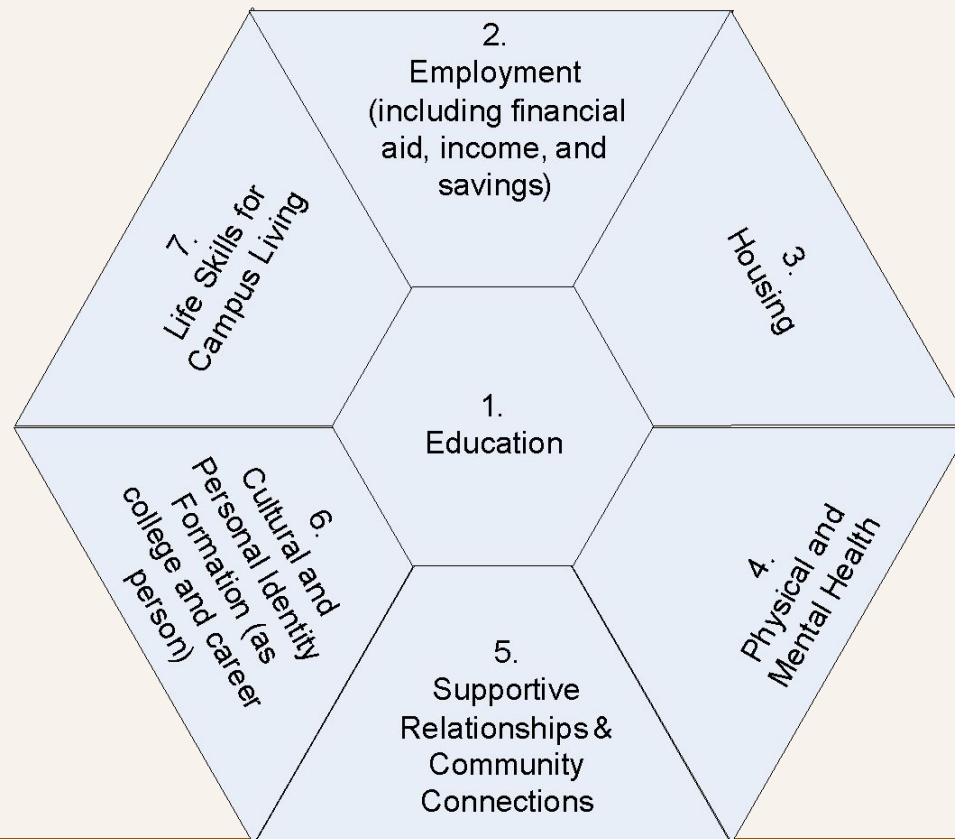


Practices

- Create experiences
- Do with, not for
- Support short and long-term goals
- KN, AW, SK

Fostering Success Coach Model Application: APT

Assess: What are the students current strengths and challenges across Seven Life Domains?



Fostering Success Coach Model Application: APT

Prioritize: How can the coach and student maximize the time in the session to meet the student's needs?

- Hierarchy of Needs
- Co-creating agenda



Fostering Success Coach Model Application: APT

Teach: What does the student need to know, understand, or do to move forward?

- Scaffolded skills teaching through creation of experiences
- Teaching, not just telling



Why Coaching?

Coaching can...

- Increase self-determination
- Increase self-efficacy
- Increase social networks



Panel:

Applying Coaching in Various Settings

Maggie Grimm

Seita Scholar

Western Michigan University

Mars Bowman

Seita Scholar

Western Michigan University

Ronicka Hamilton

Director, Seita Scholars Program

Western Michigan University

Sam Garman

Bridging Success Project Coordinator

Maricopa Community Colleges



WESTERN MICHIGAN UNIVERSITY

Small Group Discussion

- What is one key takeaway from this session that informs your programming or practice with students from foster care?
- How will this take away be incorporated into your work moving forward?

