Coaching to Bridge Experience Gaps: Applying the Fostering Success Coach Model in Various Education Settings

Blueprint Conference
October 2019
Agenda

• Why Coaching?
• The FS Coaching Approach
• Panel: Coaching in Applied Contexts
• Small group de-brief: Key Takeaways
Exposure Gaps

• Adolescent brains are primed for learning through developmentally appropriate experiences
  • Exploration
  • Pro-social risk taking
Exposure Gaps

- The experience of foster care does not always provide this environment.
- Missed experiences result in missed opportunities to acquire knowledge and skill.
Why Coaching?

• Focus on both relationship and growth through skill and goal attainment
• In context of current moment
• Relational

Differs from…
• Therapy, case management, advising
Fostering Success Coach Model Framework
Fostering Success Coach Model Framework: Core Principles

<table>
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<tr>
<th>Relationship Drivers</th>
<th>Skill and Goal Development Drivers</th>
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<td>• Cultural Humility</td>
<td>• Skill-based Asset Development</td>
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Fostering Success Coach Model Framework: Core Principles

**Relationship Drivers**
- Cultural Humility
- Interdependence
- Network Development

**Practices**
- Student-coach Partnership
- High Student autonomy
- Low coach authority
- Relational v. transactional
Fostering Success Coach Model Framework: Core Principles

**Goal/Skill Drivers**
- Skill-based Asset Development
- Teaching in Real-time
- Learner Centered
- Empowerment Evaluation

**Practices**
- Create experiences
- Do with, not for
- Support short and long-term goals
- KN, AW, SK
Fostering Success Coach Model Application: APT

Assess: What are the students current strengths and challenges across Seven Life Domains?
Fostering Success Coach Model Application: APT

**Prioritize:** How can the coach and student maximize the time in the session to meet the student’s needs?

- Hierarchy of Needs
- Co-creating agenda
Fostering Success Coach Model Application: APT

**Teach:** What does the student need to know, understand, or do to move forward?
- Scaffolded skills teaching through creation of experiences
- Teaching, not just telling
Why Coaching?

Coaching can...

• Increase self-determination
• Increase self-efficacy
• Increase social networks
Panel:
Applying Coaching in Various Settings

Maggie Grimm
Seita Scholar
Western Michigan University

Mars Bowman
Seita Scholar
Western Michigan University

Ronicka Hamilton
Director, Seita Scholars Program
Western Michigan University

Sam Garman
Bridging Success Project Coordinator
Maricopa Community Colleges
Small Group Discussion

• What is one key takeaway from this session that informs your programming or practice with students from foster care?

• How will this take away be incorporated into your work moving forward?